







Are You Emotionally Intelligent?

情緒智商工作坊

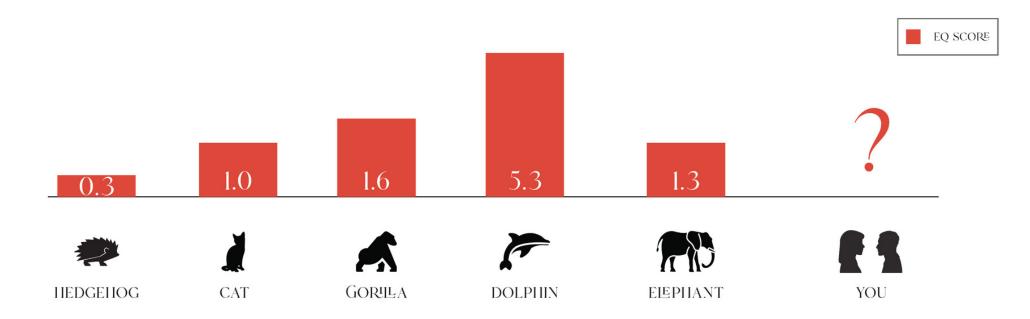
EMOTIONAL INTELLIGENCE WORKSHOP

3:00PM-4:30PM

OCT 5, 2023 (THU)

SHEK MUN CAMPUS

Emotional Intelligence is the ability to manage both your own emotions and understand the emotions of people around you. Researchers have studied different animals to determine their EQ level. How high do you think your EQ is?



項目共創及發展夥伴 Co-Initiator and Growth Partner:





Student Development Centre

Enquiry: 3411 3303 / ciesdc@hkbu.edu.hk

